



## There are many ways to support children while doing what you love:

- Volunteer for an after-school mentoring program.
- Give a new mom a break by bringing over dinner or offering to babysit.
- Coach a youth sports team to teach kids the value of teamwork.
- Encourage families you know to call the 1-800-CHILDREN (1-800-244-5373) Helpline



Share what you do to support children in your community while doing what you love, and tag @PreventGeorgia in your social media posts!





I support children and families by...



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