

SFG Overview and Protective Factors Trainings: Descriptions and Learning Objectives

Title: Strengthening Families Georgia: An Effective Approach to Supporting Families and Communities

Description of the Workshop:

Learn to apply the five protective factors in your everyday work. Explore Strengthening Families Georgia efforts to embed the factors into family serving agencies.

Learning Objectives:

Participants will:

1. Increase awareness of Strengthening Families Georgia (SFG) efforts to embed SFG into all family serving agencies and organizations.
 2. Understand the usefulness of the 5 protective factors by matching which protective factors can help families with the challenges they face.
 3. Identify ways to use the Strengthening Families information received in your work setting.
 4. Identify ways to use the Strengthening Families information received with families.
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Title of Training: Strengthening Families through Parental Resilience

Description of the Workshop:

This Strengthening Families Georgia workshop helps child and family serving professionals to promote parental resilience every day in families through regular practice, making assessments of the parent's situation, and following-up with parents.

Competency-Based Learning Objectives:

Participants will:

1. Understand the definition parental resilience and share examples of factors that impact resilience: coping, belief systems, emotional regulation, locus of control, self-efficacy, family roles, positive outlook, and empathy.
2. Practice with a partner assessing for appropriate referrals and follow up using one of three tools.
3. Determine which Strengthening Families strategies (e.g., valuing parents, facilitating friendships and mutual support) apply to parental resilience activities

Title: Strengthening Families through Social Connections

Description of the Workshop:

This Strengthening Families Georgia workshop will provide family serving agencies with practical ideas based on sound research to strengthen families through the protective factor, social connections.

Competency-based Objectives:

Participates will

1. Increase awareness of the national Strengthening Families Approach by describing it in a “elevator speech”
 2. Increase understanding of the protective factor, social connections, by listing three reasons why it matters
 3. List three ways to promote social connections in the context of your own work
 4. Create a Commitment to the “New Norm”
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Title of Training: Strengthening Families through Knowledge of Child Development

Description of the Workshop:

This Strengthening Families workshop for parents and professionals will explore ways help parents build their parenting skills and better understand children and their behavior.

Competency-Based Learning Objectives:

Participants will

1. Understand how knowledge of child development affects parenting
 2. Identify child development basics: principles, domains/milestones, chronological/developmental age, typical development for infants/toddlers/preschoolers
 3. Describe effective ways to share child development knowledge with parents
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Title of Training: Strengthening Families through Concrete Support in Times of Need

Description of the Workshop:

This Strengthening Families Georgia workshop explores barriers to meeting families’ basic needs, assessing crisis situations, and linking families to resources through concrete support.

Competency-Based Learning Objectives:

Participants will:

1. Explore basic needs and how they affect parent-children interaction
2. Understand the inequalities that keep families in poverty
3. Name several resources available to families
4. Review strategies for aiding families in crisis
5. Create a 10 Step Action Plan to implement a Concrete Support Activity

Title of Training: Strengthening Families through the Promotion of Social and Emotional Competence in Children

Description of the Workshop:

Based on the Strengthening Families Initiative, this training focuses on how to promote social and emotional competence in children through meaningful interactions with families.

Competency-Based Learning Objectives:

1. The participant will understand the importance of attachment in developing social and emotional competence in children.
2. The participant will be able to define the components of social and emotional competence.
3. The participant will be able to compare and contrast the concepts of positive guidance and punishment.
4. The participants will apply their knowledge of positive guidance through discussions about strategies to help parents use the principles of positive guidance.
5. The participants will be able to apply concepts from the Strengthening Families Protective Factor: Social and Emotional Competence in their daily work.

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